

COLLEGE STAR - GOCOLLEGESPORTS - COMBINE ACADEMY BOOKLET

AAU USA BASKETBALL EXPERIENCE

TRAIN, COMPETE AND GROW WITH THE BEST



GoCollege
Sports



INFORMATIVE BOOKLET

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WHAT IS AAU?

The Amateur Athletic Union (AAU) has been a driving force in the development of sports in the United States, particularly in basketball.

With its motto, "**Sports for All, Forever**," AAU provides athletes with opportunities to compete at various levels, from local tournaments to international competitions.

AAU BASKETBALL IS RENOWNED FOR:

- High-intensity competition
- Top-level coaching
- Exposure to college recruiters
- A stepping stone to collegiate & professional careers



BENEFITS OF ATTENDING AAU

- EXPOSURE TO COLLEGE COACHES – TRAIN UNDER NCAA DIVISION I COACHES, RECEIVE DIRECT FEEDBACK AND GAIN RECRUITMENT OPPORTUNITIES.
- COMPETE AGAINST TOP U.S. PLAYERS – FACE ELITE COMPETITION AND ELEVATE YOUR GAME BY LEARNING FROM THE BEST.
- USA BASKETBALL STYLE OF PLAY – WORK WITH NBA SKILL DEVELOPMENT PROFESSIONALS AND ADAPT TO THE FAST-PACED, ATHLETIC U.S. GAME STYLE.
- ADVANCED SKILL DEVELOPMENT – ENHANCE SHOOTING, DEFENSE, DECISION-MAKING, AND LEADERSHIP THROUGH STRUCTURED TRAINING.
- ELITE COACHING STAFF – LEARN FROM EXPERIENCED U.S. COACHES WITH EXTENSIVE KNOWLEDGE OF PROFESSIONAL-LEVEL BASKETBALL





PROGRAM DETAILS

WHEN?

JUNE 30, 2025 – JULY 14, 2025

WHERE?

LINCOLNTON, NORTH CAROLINA
(NEXT TO CHARLOTTE)

AGE GROUPS

U16 TEAM (15-16 YEARS OLD)

TOURNAMENTS

PHENOM PXB NATIONAL
TWO SHOWCASE TOURNAMENTS
10-12 TOTAL GAMES



WHAT'S INCLUDED IN THE TRIP?

WHERE YOU'LL STAY: Combine Academy dormitories

MEALS: 3 meals per day (Total: 42 meals per athlete)

TRANSPORTATION: 15-passenger vans for travel within the U.S.

UNIVERSITY VISITS: Duke University, UNC, Davidson College, Queens University

TRAINING:

- NBA-level skills development trainers
- Basketball coaches
- Strength & conditioning coaches

INSURANCE: Full coverage on and off the court

SPORTS GEAR:

- 2 game jerseys with last name
- Practice jersey, 2 t-shirts, socks



OFF-COURT ACTIVITIES

- Trip to U.S. National Whitewater Center (Kayaking, Paddleboarding, and more)
- Visit to Lake Norman State Park (Hiking, Sightseeing)
- Attend a Charlotte Knights Baseball Game + Fireworks
- A great opportunity to experience American culture!

UNIVERSITY VISITS

- **Duke University** – Home of the legendary basketball program
- **University of North Carolina** – Where Michael Jordan played
- **Davidson College** – Where Stephen Curry started his journey
- **Queens University** – Another top-tier sports program

This is the first-ever tour covering these universities!



DAILY ITINERARY

MONDAY – FRIDAY

7:00 AM – 8:30 AM: Breakfast

9:00 AM – 10:00 AM: Sports Performance
Training (Speed & Agility + Weights)

10:00 AM – 11:00 AM: Skill Development
Training Session (Basketball)

11:00 AM – 12:30 PM: Lunch

1:00 PM – 2:00 PM: Team Training

2:30 PM – 6:00 PM: Daily activities, trips,
University Visits

6:00 PM – 7:00 PM: Dinner

7:00 PM – 9:30 PM: Basketball Competitions
& Free Play

11:00 PM: Curfew/Lights Out

SATURDAYS – SUNDAY

7:00 AM – 8:30 AM: Breakfast

9:00 AM – 5:00 PM: Tournament Games

11:30 AM – 1:00 PM: Lunch

5:30 PM – 7:00 PM: Dinner

7:00 PM – 9:30 PM: Free time

11:00 PM: Curfew/Lights Out



PHOTO GALLERY



ACCOMMODATIONS & SPORTS FACILITIES

WHERE YOU'LL STAY: COMBINE ACADEMY'S DORMITORIES
FACILITIES: FULLY EQUIPPED TRAINING & RECOVERY CENTERS





CONTACT INFORMATION

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